

IT'S SO EASY CHA CHA

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RECORD: It's So Easy (Linda Ronstadt) Electra Asylum E-45089 **RHYTHM:** Cha
PHASE: III+2 (time step/ triple chas) **FOOTWORK:** opposite unless indicated, directions for man
SEQUENCE: INTRO, A,B,C, B,C, B, A, END

INTRO

1-4 BFLY/WALL - WAIT;; BASIC;;

- 1,2 Bfly/wall ld ft free wait;;
3,4 fwd L, R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

PART A

1-4 OPEN BREAK; SPOT TURN; CRAB WALKS;;

- 1-2 rk apt L to LOFc pos extend free arm up, rec R lower free arm, sd L/cl R, sd L; Xrif of L turning, rec L turning, sd R/cl L, sd L to Bfly;
3-4 twds RLOD fwd L Xing in front, sd R, fwd L Xing in front/sd R, fwd L Xing in front; sd R, fwd L Xing in front, sd R/cl L, sd R; (Woman also Xif - bodies remain parallel, do not open up)

5-8 LARIAT;; NEW YORKER 2X;;

- 5-6 keeping only ld hnds jnd fwd L, rec R, sd L/cl R, sd R; bk R, rec L, sd R/cl L, sd R; (W circles cw around man R,L, R/L,R; L,R, L/R,L;)
7-8 thru L to LO, rec R to fc ptr, sd L/cl R, sd L; thru R to OP, rec L to fc ptr, sd R/cl L, sd R;

PART B

1-4 CHASE;;;;

- 1-4 fwd L trn RF 1/2, rec fwd R, fwd L/cl R, fwd L; fwd R trn LF 1/2, rec fwd L, fwd R/cl L, fwd R; fwd L, rec R, bk L/cl R, bk L to Bfly/wall; bk R, rec L, fwd R/cl L, fwd R; (Woman - bk R [no trn], rec L, fwd R/cl L, fwd R; fwd L trn RF 1/2, rec fwd R, fwd L/cl R, fwd L; fwd R trn LF 1/2, rec fwd L, fwd R/cl L, fwd R; fwd L [no trn], rec R, bk L/cl R, bk L;)

5-8 FENCELINE 2X;; TIME STEP 2X;;

- 5-8 lunge thru L with bent knee, rec R, sd L/cl R, sd L; lunge thru R with bent knee, rec L, sd R/cl L, sd R; in Bfly pos but no hnds jnd XLIB of R, rec R, sd L/cl R, sd L; Xrib of L, rec L, sd R/cl L, sd R;

PART C

1-4 BASIC;; HAND TO HAND 2X;;

- 1-4 repeat "Intro, meas 3,4"; behind L trn to sd by sd, rec R to fc ptr, sd L/cl R, sd L; behind R trn to sd by sd, rec L to fc ptr, sd R/cl L, sd L;

5-8 TRIPLE CHAS FORWARD;; TRIPLE CHAS BACK;;

5-8 rk bk L, rec R, fwd L/lk RIB of L, fwd L; fwd R/lk LIB of R, fwd R, fwd L/lk RIB of L, fwd L(W also goes fwd); rk fwd R, rec L, bk R/lk LIF of R, bk R; bk L/lk RIF of L, bk L, bk R/lk LIF of R, bk R(W also goes bk);

9-12 ROCK BACK TO A CIRCLE CHA;; SHOULDER TO SHOULDER 2X (RIGHT HAND UP - LEFT HAND UP);;

9-12 rk bk L, rec R, circle ccw (W cw) L/R, L; R, L, R/L, R to end fcg ptr no hnds jnd; fwd L to sdcar with L hnd on hip & R hnd held high, rec R to fc, sd R/cl L, sd R (W same hndwk); fwd R to bjo with R hnd on hip & L hnd held high, rec L to fc, sd L, cl R, sd L (W same hndwk);

END

1-4 NEW YORKER; WHIP; NEW YORKER; THRU, APART, ACK;

1-2 repeat "Part A, meas 7"; bk R trng 1/4 LF, rec fwd cont trng 1/4 LF, sd R/cl L, sd R; (W fwd L twds M's L sd, fwd R trng 1/2 LF, sd L/cl R, sd L;)

3-4 fcg COH repeat "Part A, meas 7"; trail hnds jnd step thru R, trn to fc ptr & step apt L, pt R twd ptr with ld hnds high,-;

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(time step, triple chas)

SEQUENCE: INTRO, A,B,C, B,C, B,A, END

INTRO: Bfly/wall - wait;; basic;;

PART A: open break; spot turn; (Bfly)
(to RLOD) crab walks;; lariat;; NYer 2x;;

PART B: chase;;;; (man-both-woman-back basic)
fenceline 2x;; time step 2x;; (Bfly)

PART C: basic;; hand to hand 2x;;
(rk bk) triple chas fwd;;
(rk fwd) triple chas back;;
(rk bk, rec to) circle cha;; (to face - no hands)
shoulder to shoulder 2x;; (R hnd up, L hnd up)
(go to "B")

END: NYer; whip; NYer; thru, apt, ack; (COH)